

What's keeping you from eating fresh, local food?

- Is the cost of local food too high?
- Do you find SNAP/HIP hard to navigate?
- Are the health benefits of local food unclear?
- Is cooking from scratch stressful?

Visit the LOCAL FOOD CLINIC

Remove these barriers, with 1-on-1 help



3-6PM FIRST TUESDAYS OF EACH MONTH (June–November)

Sears Ave and Main St in Greenfield (next to Green Fields Market)



Drop in for a consultation:

- Work with a Food Bank specialist to get or keep SNAP benefits.
- Discover how to make the most of your SNAP+HIP dollars.
- Get healthy eating tips from a community nutritionist.
- Learn about *Co-op Basics* and the *Food-For-All* membership.

Check out these extras:

- Survey the fresh vegetables from your community farm.
- Taste samples of prepared food; take home a recipe.
- Hear live music!

